

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE MARIE, ON



COURSE OUTLINE

Course Title: Community Visits

Code No.: PSW-100                      Semester: 1

Program: Personal Support Worker

Author: Faye Smedley

Date: Sept. 1997                      Previous Outline Date: n/a

Approved:   (PAV 7/97)  
Dean                      Date

**Total Credits:** 2                      **Prerequisite(s):** None  
**Length of Course:** 7 Weeks                      **Total Credit Hours:** 14  
**Total Course Hours:** 48

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For additional information, please contact Donna Tremblay, Dean of Health Sciences, Human  
Sciences and Teacher Education, (705) 759-2554, Ext. 690.

  
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**I. PHILOSOPHY/GOALS:**

This aspect of the course takes place in the community. The student will choose 2 consumers whom they will visit several times. One consumer should be an elderly person and the second should be a disabled person. They will attend discussion classes to address a variety of situations their assignments will direct them to do during these visits. Some areas these assignments will address are: the impact of illness or disability on life style; the effect community resources have on the health and the care the consumer receives; how life styles are impacted by the aging process, and the stage of growth and development the consumer has experienced; how they supported and comforted their consumer; problems and conflicts their consumers may be demonstrating and how they might be able to resolve the identified issues.

The student will communicate in a therapeutic and caring manner with individuals, their families and members of the health care team they may encounter. They will observe and report pertinent information to members of the health team,

They will carry out measures to prevent injury, illness or death and maintain safety of the individual at all times.

**II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:**

Upon successful completion of this course the student will have the ability to:

- 1) Describe the effects of health and stress on a person's life.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Interview an elderly person (consumer) and a disabled person (consumer) in their own homes.
- b. Describe, during a tutorial session, how chosen consumer's health affects him/her as a person
- c. Assist your chosen consumer to deal with their stress
- d. Suggest a community resource that could assist chosen consumer deal with their stress.

- 2) Identify the health care system its members, and the services they provide

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Discuss the health care system resources that are available for the consumer in Sault Ste. Marie and area.
- b. Identify the members of the health care team.

**n. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:**

- 3) Describe the consumer as an individual and the consumer as a member of a family.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Determine if the basic needs of their chosen consumer are being met.
  - b. Discuss, during a tutorial session, the stage of growth and development that their chosen consumer has achieved.
  - c. During a tutorial session, identify and maintain their chosen consumer's rights. Discuss any violations that you have observed or heard about.
  - d. Discuss during a tutorial session, how the culture of one of their chosen consumer's affects that individual and family.
  - e. Discuss during tutorial the similarities and differences of their chosen consumer's cultures.
  - f. Discuss during tutorial the structure of their chosen family members and how they relate to each other.
  - g. Discuss, during tutorial, how they might promote effective relationships with their chosen consumer and the consumer's family.
- 4) Describe the role of the PSW, as a member of the health care team and the scope of practice for providing support to consumers and their families.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Maintain the role of a PSW during visits to their chosen consumers and families.
  - b. Maintain and respect the rights and responsibilities of their chosen consumers
  - c. Discuss during tutorial the rights of their consumer which they feel may have been violated.
- 5) Describe how illnesses and disabilities have an impact on you and others.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Discuss during tutorial the source of their chosen consumers' illness or disability.
- b. Discuss during tutorial how their chosen consumer and their families are reacting to the illness or disability.

## II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:

- 6) Describe the aging process as a normal phase of growth and development and the special needs that the elderly consumers have.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Discuss during tutorial the changes that have occurred to their chosen consumer due to the aging process, addressing all the dimensions of the whole person.

- 7) Explore how the consumer enters the health care system for admission to a facility or admission to a home care program.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Discuss during tutorial how their chosen consumer was admitted to a facility or to a home care program.

- 8) Provide optimum support when caring for the consumer.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Provide optimum support to their chosen consumers.
- b. Identify and discuss, during tutorial, the learning needs of one of your chosen consumers and suggest measures to promote teaching and learning.

- 9) Demonstrate skill in promoting effective interpersonal relationships with individuals and families.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Apply basic therapeutic communications skills during interactions with their chosen consumers and their families, (listening, touching, being silent and using therapeutic verbal responses)
- b. Utilize effective communication skills when participating as a member of the health care team.
- c. Discuss during a tutorial their observations, and their reports and any documentation they may have done for a community agency or facility.
- d. Use interviewing techniques to gather data about their consumers.
- e. During a tutorial session, discuss measures to promote an effective working relationship between your chosen consumer and family.

**II. LEARNING OUTCOMES AND ELEMENTS OF PERFORMANCE:**

- 10) Use the problem solving steps to solve problems and resolve conflicts for individuals and groups.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. During tutorial session, discuss how you would assist your chosen consumers to resolve problems and conflicts using the 5 steps of the problem solving process.
- b. Discuss during tutorial session how they were able to promote positive group functioning for one of their chosen consumers and their families.

- 11) Maintain safety while providing care for the consumers in their homes and in health care facilities.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Effectively maintain a safe and comfortable environment for your chosen consumer.
- b. Discuss, during tutorial safety hazards, identified in the home of chosen consumer and measures that they implemented to reduce risk of injury.
- c. Discuss during tutorial what fire hazards they looked for in their chosen consumers home, what measures they could have implemented to reduce the risk of fire.

- 12) Maintain the safety of selves and consumers in the work environment.

*POTENTIAL ELEMENTS OF THE PERFORMANCE*

- a. Used safety precautions when their chosen consumer was receiving oxygen therapy and reported any faulty equipment to the proper person or agency.
- b. Used medical asepsis when working with their consumer.
- c. Performed handwashing before caring for their consumers.
- d. Maintained and promoted a comfortable environment for their chosen consumer.
- e. Utilized proper body mechanics when squatting, reaching, pushing, pulling, pivoting, lifting and carrying.
- f. Reported accidents and completed Incident reports as required.

## III. TOPICS

1. Dealing with stress
2. Community resources
3. Maslow's hierarchy of basic needs
4. Erikson's theory of growth and development
5. Rights and responsibilities of consumer
6. Affects of culture
7. Interpersonal relationships
8. Working relationships
9. Safety
10. Optimum support
11. Communication
12. Problem solving
13. Conflict resolution.
14. Safety in the home
15. Fire prevention and measures to take when a fire occurs.
16. Medical Asepsis

## IV. REQUIRED RESOURCES / TEXTS / MATERIALS:

Refer to Modules 1-6

## V. EVALUATION PROCESS / GRADING SYSTEM

Will be discussed during first 2 weeks of classes.

## VI. SPECIAL NOTES

Special Needs

If you are a student with special needs (eg. physical limitations, visual impairments, hearing impairments, learning disabilities), you are encouraged to discuss required accommodations with the instructor and/or contact the Special Needs Office, Room E1204, Ext. 493,717,491 so that support services can be arranged for you.

Retention of Course Outlines

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Course Modification

The instructor reserves the right to modify the course as deemed necessary to meet the needs of students.

## VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advanced credit in the course should consult the instructor.